



**Anthem** HealthKeepers

## Chiropractic Care (A-1)

Back pain? Now your Anthem HealthKeepers coverage provides a simple remedy to help ease the pain. Simply visit one of our participating chiropractic providers.

Chiropractic care is provided through an arrangement with American Specialty Health Network, Inc. (ASHN), a chiropractic management and administrative firm. HealthKeepers, Inc., Peninsula Health Care, Inc. and Priority Health Care, Inc. have contracted with ASHN to provide this coverage.

No referral from your primary care physician is needed. However, all covered chiropractic services must be provided by an ASHN contracting provider. These providers are listed in your Anthem HealthKeepers Network Listing.

### ***How do I receive care?***

When you or a covered family member need medically necessary chiropractic care, simply contact a participating chiropractic provider from our list and make an appointment. The chiropractic provider is responsible for obtaining authorization necessary prior to providing care. Just present your Anthem HealthKeepers member ID card when you go in to receive care. Your payment will be \$10.00 per visit for covered services. This payment does not apply to your annual out-of-pocket maximum and is never waived, even if you meet your out-of-pocket maximum limit.

You are limited to 20 visits, covered with your \$10 office payment, per member per calendar year. Once this limit has been reached, you may continue to seek chiropractic care services from ASHN providers at a discount of up to 25% with no referral required through Anthem HealthKeepers Healthy Complements, a complementary alternative care discount program. Anthem HealthKeepers Healthy Complements is a discount service, not a covered benefit, and can be discontinued at any time.

### ***What's covered?***

Covered services are provided when necessary and appropriate for the symptoms, diagnosis, care or treatment of a medical condition.

Covered services include examination, re-examination, manipulation, conjunctive therapy, radiology, durable medical equipment and laboratory tests related to the delivery of chiropractic services. Covered services are subject to the exclusions and limitations listed on the following page.

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## Exclusions

The following services are not covered:

- Any treatment or service not authorized by ASHN for chiropractic services. Any service or treatment not rendered by an Anthem HealthKeepers participating Chiropractor.
- Services for examination and/or treatment of strictly non-neuromusculoskeletal disorders. Conjunctive therapy not associated with spinal or joint adjustment.
- Laboratory tests, x-rays, adjustments, physical therapy or other services not documented as Medically Necessary and appropriate, or classified as experimental or in the research stage. Diagnostic scanning, including Magnetic Resonance Imaging (MRI), CAT Scans, and/or other types of diagnostic scanning. Thermography.
- Educational programs, non-medical self-care or self-help, or any self-help physical exercise training, or any related diagnostic testing.
- Air conditioners, air purifiers, therapeutic mattresses, supplies or any other similar devices or appliances. Vitamins, minerals, nutritional supplements or any other similar type product.
- Services rendered prior to the effective date of coverage.
- Services rendered after the termination date of coverage.
- Services not specifically listed as covered.
- Services available to you under any other section of your Anthem HealthKeepers Evidence of Coverage.

There is no need to obtain a referral from your primary care physician in order to obtain chiropractic services listed in this insert.

This brochure is a summary of the benefits available to members under the optional Anthem HealthKeepers chiropractic benefit. The following are the form numbers of the Chiropractic Services Amendments for these benefits [Form #HK-CHIRO-A1-HMO (1/01) for HealthKeepers, Inc., PHC-CHIRO-A1-HMO (1/01) for Peninsula Health Care, Inc. and PRI-CHIRO-A1-HMO (1/01) for Priority Health Care, Inc.].

*This insert is only one piece of your enrollment package.  
Exclusions and limitations are in the enrollment brochure.*



**Anthem** HealthKeepers

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